

Red Rock Olives

Menu



Benefits of extra virgin olive oil (EVOO)

Extra virgin olive oil is cold pressed within 24 hours of harvest. It's the juice of fresh, healthy olives which contain the health-promoting nutrients and anti-oxidants that olive oil is famous for.

EVOO health benefits include improvements to:

- Cardiovascular health
- Digestive health
- Osteo health
- Rich in antioxidants and anti-inflammatories

To learn more about EVOO's health benefits, 'like' Red Rock Olives on Facebook.

FOLLOW US ON:
Facebook /redrockolives
Instagram @redrockolives

Paddock to plate

Our vision at Red Rock Olives is to create a seasonal menu featuring locally-sourced, sustainable produce that is fresh, abundant and readily available. We use:

- Red Rock Olives EVOO and olives, grown here.
 - Eggs from happy chickens that live on our property in Black Range, 15 minutes away.
 - Honey from 100% Pure Australian Honey, produced in Stawell, 15 minutes away.
 - Jams and preserves from Five Ducks Farm, produced 100m away.
 - Lemons from neighbourhood trees in the area.
 - Fruit and vegetables from Rayners Mini Market in Stawell, 15 minutes away. Red Rock Olives aims to only purchase produce from Victoria.
 - Rox Coffee, roasted in the western district, with a focus on environmental and social sustainability.
- * We get our cheese from a passionate company based in Melbourne called Calendar Cheese. We aim to purchase Victorian cheeses (i.e. Meredith's Goats Cheese), however some are sourced directly from their origin.

Backyard Trading

Red Rock Olives has begun taking produce from small scale growers in the area to create food to use in the cafe and give back to the community. The philosophy is to remind us where our food comes from and also reduce food wastage. If you have any produce or ideas, please talk to Rita.

To drink...

Hot

Coffee - Rox Coffee	
Pot of tea - English breakfast, Earl Grey or Peppermint	
Hot or iced chocolate by Koko Deluxe	
Prana Chai, Marsala Blend	\$4.20

Cold

Bickfords Traditional Sodas	\$4.00
Classic Juice	\$4.00
Aqua Pura Sparkling Water	\$7.00
Coke, Diet Coke, Solo	\$3.00
* BYO Corkage	\$5.00

To snack...

Check the cabinet for our daily selection of cakes.

All the cakes are housemade on site. We constantly change our range to ensure we use fruits that are in season and flavoursome.

\$5.50

To eat...

Breakfast

Housemade Baked Beans - Served with two eggs, fresh bread, baked tomato with fennel and sprinkled with our olive salt	\$18.00
Chai Spiced Porridge - Served with dried fruit compote	\$8.00

Lunch

Olive Lovers - Large serve of warm olives, cheese and bread \$10.00

Grazing Platter - Two cured meats, two cheeses, olives and seasonal vegetable anti-pasta, which highlight the use of our oil and condiments, served with fresh bread and Lavosh

For one \$15.00,
for two \$25.00

Cheese and Fruit Platter - A variety of cheeses and olives, served with fresh seasonal fruit, fresh bread and Lavosh \$15.00

Sausage Roll - Housemade beef and caramelised onion \$10.00

Salad of the day - Check specials board \$10.00

Focaccia or Quiche - Check specials board \$12.00

Little Tackers

To drink...

Baby chino	\$1.00
Spider with cabinet soft drinks	\$5.00
Fresh orange juice	\$4.00
Hot Chocolate	\$4.20

To eat...

Little Tackers Grazing Plate - Cheddar cheese, seasonal fruit, olives and Lavosh biscuits	\$10.00
Vegemite, Jam, Honey or Peanut Butter Toast	\$5.00
Ham n' cheese toastie	\$8.00



Red Rock Olives Products

Size	Product	RRP
100ml	Extra Virgin Olive Oil	\$6.60
250ml	Extra Virgin Olive Oil	\$16.20
500ml	Extra Virgin Olive Oil	\$21.50
2 litres	Extra Virgin Olive Oil	\$38.00
3 litres	Extra Virgin Olive Oil	\$66.00
4 litres	Extra Virgin Olive Oil	\$80.00
250ml	Sherry (Apera) Vinegar	\$12.50
250ml	Apple Balsamic Vinegar	\$12.50
100ml	Caramelised Fig Balsamic Vinegar	\$12.50
250ml	Caramelised Fig Balsamic Vinegar	\$29.00
375ml	Table Olives (Jar)	\$9.90
2kg	Table Olives (Bucket)	\$35.00
100gm	Olive Salt	\$9.90
100gm	Olive Chilli Salt	\$9.90
180gm	Olive Tapenade	\$15.00
180gm	Olive Paste	\$10.00
	Gift and Picnic Packs	
	100ml EVOO, 50ml Vinegar, 45gm Salt	\$15.00
	100ml EVOO, 100ml Apple/Sherry	\$17.00
	100ml EVOO, Olive Salt 100gm	\$19.00
	100ml EVOO, 100ml Fig Vinegar	\$21.00
	100ml Fig Vinegar, 100gm Olive Salt	\$23.00
	Gift box - all products	\$70.00